

Health Talk Radio Network Interview

Part 6

The following is excerpted from a radio interview done by Dr. David Goldberg on Health Talk Radio Network during the week of 6/25/01.

Mike: I guess the first question a lot of people will want to know is what does a laser procedure cost?

Dr. Goldberg: The cost of the procedure will vary depending on the procedure, the area being treated, the amount of time and the utilized laser.

Mike: True.

Dr. Goldberg: The fees can be anywhere between a hundred dollars and a several thousand dollars.

Mike: Wow. There's that kind of variance.

Dr. Goldberg: It depends on if you get a little thing treated or a large area.

Matt: And for one treatment.

Dr. Goldberg: Per treatment.

Matt: So if you had to have a series of five that would be like whatever... five?

Dr. Goldberg: That's correct.

Mike: So you could basically budget yourself for the procedure.

Matt: I want to go into the psychological thing. Remember years and years ago that book Psychocybernetics how people had a whole transformation of their life once they had a face lift? Do you feel like these lifts really bring people into a different level within themselves?

Dr. Goldberg: People come in and sometimes they've lost their self-esteem and they can't look at you. And when they leave they often have bright eyes and are smiling and they look right at you.

Mike: That's great.

Matt: That's got to be a great reward you feel.

Mike: What about hair removal, Doctor?

Dr. Goldberg: There's nothing out there like laser hair removal. It doesn't necessarily remove every last hair. It does take a series of treatments, but nothing comes close in terms of results.

Matt: I've heard people complain about the hair on their ears and things. It takes it off?

Dr. Goldberg: On the ears or anywhere else on the skin you don't like it.

Matt: Wow.

Dr. Goldberg: You can imagine all the areas we treat.

Mike: Yeah. [laughter]

Matt: Let's not go there, Mike.

Mike: We'll let it go at that.

Matt: How about vitamin C serums for the benefit of our skin? Will that help protect our skin?

Dr. Goldberg: Vitamin C serum is actually a nice anti-aging topical agent that can be used in conjunction with these laser procedures.

Matt: That's great.

Mike: Is skin more sensitive to the sun following the procedure itself?

Dr. Goldberg: Not following the classic lunchtime laser procedures. If you leave the top of the skin on, which we do, no more sensitivity.

Matt: How should we cleanse our skin?

Dr. Goldberg: With a nice bland soap. Not a pure soap. The pure soaps tend to be very drying.

Mike: We have email from Bob who wants to know: the computer imaging products that are out there, do you use those to show people what they might look like after they have the surgery?

Dr. Goldberg: I happen to be a lawyer as well as a doctor, and I have a little bit of a problem with those computer images because they are an educated guess and not necessarily totally accurate.

Matt: Interesting. I've seen those pictures. You sit in front of that thing and you look like a whole new person.

Dr. Goldberg: You might be better, but you're not going to be new.

Mike: You know, they use them to find convicts and whatever.

Matt: So you're saying that laser procedures are really a permanent approach. It needs about a one-year update, a once a year update.

Dr. Goldberg: It depends on which procedure we do. People with brown spots, the so-called liver spots, tend to come in every few years. Those who receive the laser anti-aging regimens tend to come in once every six months to try to maintain their degree of improvement.

Mike: What's happening next? What's on the horizon for laser surgery?

Dr. Goldberg: There are lasers, and laser-like technology being evaluated to re-pigment stretch marks and scars, provide for a non-surgical browlift and even to remove fat cells. This is a very exciting area.

Matt: So you're saying you can zap away fat cells?

Dr. Goldberg: We're working on it. We're not there yet.

Matt: I think the human body only has a certain amount of fat cells, so we can actually get rid of them, you're saying.

Dr. Goldberg: As we all know, we have too many of them.

Mike: So lipo-laser is coming, you think?

Dr. Goldberg: It may be on the horizon.

Mike: Wow. Unbelievable. Have you done it yourself?

Dr. Goldberg: No, I have not done that yet. No.

Matt: Sixteen years and you haven't done your own skin, huh?

Dr. Goldberg: Oh, I thought you meant lipo-laser.

Matt: Oh, no, no, no.

Dr. Goldberg: Oh, no. Yes. I've had the anti-aging lasers. I've had brown spots treated. Oh, I've had a bunch of them. But not the lipo-laser yet.

Matt: What did you think? Were you satisfied?

Dr. Goldberg: It's great.

Matt: Cool.

Mike: Well, thank you, Doctor. A lot of great information. Again you can find Dr. David Goldberg on the web at <http://www.skinandlasers.com> for laser lunchtime surgery.

Matt: Thank you very much.

Dr. Goldberg: It's been my pleasure.

Coming Soon:

Dr. Goldberg recently did three interviews on CNN's Headline News. They played all day on Sunday, January 20 and inspired a huge wave of viewer emails and inquiries. Check back in a few days to see the replays in streaming video on his web site.

<http://www.skinandlasers.com/>