

Tell Me About Botox

By: David J. Goldberg M.D.

What Causes Frown Lines & Crow's Feet?

Those unwanted frown lines and crow's feet are what doctors refer to as "dynamic" wrinkles, meaning that they are caused by the repetitive movement of an underlying muscle. As we age our skin is less tight, and this repetitive movement caused by squinting, worrying, etc., eventually causes our skin to crease or wrinkle.

How Does BotoxR Reduce The Signs of Aging?

Botox is a purified form of the botulinum toxin. It is injected in miniscule amounts into the appropriate muscle causing the muscle to relax and thus diminish or eliminate the dynamic line or furrow. Botox has been used for over ten years to treat ophthalmological disorders, and is fast becoming the chosen non-surgical treatment to reverse signs of aging. After treatment, a patient treated with Botox can still frown and smile, but the expression wrinkles around the eyes and forehead are diminished when they do. Normal facial expression is unaffected. Correction with Botox is very natural, and most patients treated feel that they have a more wide-eyed, rested and less angry look.

What Areas Can Be Treated With Botox?

Currently, Botox is used around the eyes (crow's feet), on the forehead (frown lines), around the chin (marionette lines), on the upper lip, and lower eyelids to reduce dynamic lines and furrows. It can also be used to treat prominent neckbands or cords.

How Long Does Botox Correction Last?

Botox correction lasts an average of three to four months. After repeated injections the results may be even longer lasting.

What Can I Expect From The Procedure?

Botox treatments are merely a simple injection. Most describe the injection sensation as feeling like a bug bite. The treatment is performed literally in a matter of minutes. No specific care is needed after the treatment.

Are There Any Side Effects?

The most common side effect of Botox treatment is a temporary bruising at the injection site. This goes away within a couple of days, and can be covered up with makeup. In rare cases the Botox can travel, causing a minor droop in an eyelid. The effects are completely temporary. Dr. Goldberg will discuss with you at length any side effects that can be caused by Botox injections.

How Soon After Treatment Will I See Results?

The effects of Botox become apparent in the first three to five days after treatment.

Is Botox Safe?

Yes, Botox is safe. It has been used for over ten years to treat ophthalmological and neurological disorders.

Can Botox Be Combined With Other Facial Rejuvenation Procedures?

Botox is the ideal adjunct treatment to other facial rejuvenation procedures including laser skin resurfacing, collagen, etc. Dr. Goldberg would be happy to discuss all facial rejuvenation options with you.

What else can Botox be used for?

Dr. Goldberg has also had enormous success using Botox for the treatment of hyperhidrosis. This very common condition involves excess sweating of the palms, soles and armpits. Botox can markedly improve this problem. The results will last for months.

How Do I Find Out If I Am A Candidate For Botox?

Dr. Goldberg and his staff will be happy to discuss Botox with you. Please feel free to call for a private consultation.

David J. Goldberg, M.D. (<http://www.skinandlasers.com/>) is on faculty and Director of both MOHS Surgery, and Laser Research, Mt. Sinai Medical Center in New York; and Director of Skin Laser & Surgery Specialists of New York & New Jersey. He is past President of the American Society for Laser Medicine & Surgery. Dr. Goldberg was voted "one of the top ten laser surgeons in the U.S." by Self Magazine and "one of the best doctors in America" by Woodward/White, Inc.