

Tell Me About Laser Hair Removal

***What Is Laser Hair Removal?**

Imagine a world with no more razors, waxing or painful electrolysis! Dr. David Goldberg and the Skin Laser & Surgery Specialists of New York & New Jersey are proud to offer the latest state-of-the-art technology in this exciting new treatment. Laser hair removal offers patients a safe, fast and effective alternative to deal with unwanted hair. Find out today how you can benefit from this new and exciting technology.

***How Does Laser Hair Removal Work?**

Lasers work by emitting a specialized light that is passed through the skin and preferentially absorbed by its target, be it an unwanted blood vessel, birthmark, tattoo or in this case, hair. The laser used in hair removal targets the melanin, or color, in the hair follicle, damaging the follicle and removing the hair.

***Who Is A Candidate For Laser Hair Removal?**

The lasers used at the Skin Laser & Surgery Specialists of New York & New Jersey offer our patients the most versatile laser hair removal options on the market today. Because we offer several different lasers at our center, we can treat the widest variety of skin tones and a wide range of hair colors. Dr. Goldberg and his friendly staff will be happy to set up a consultation with you to ensure that you are a candidate for this exciting procedure.

***What Areas of the Body Can Be Treated With Laser Hair Removal?**

Laser hair removal is safe enough to be used on all body parts including the face, back, underarms, bikini line, legs and arms.

***What Can I Expect With The Procedure?**

Most people describe laser hair removal as feeling prickly or like a light rubber band snap. You may not need any type of anesthesia for your treatments. You should plan on wearing clothing that will allow easy access to the area being treated. Laser hair removal works best when the hair is 1 to 2 mm in length. No specific care is needed after the treatment.

***What Laser is The Best Option?**

We are proud to offer every available method of laser/light hair removal on the market today. This allows us to treat the widest variety of patients and situations. Each option performs best for different types of patients and needs. Dr. Goldberg will help you decide on the laser that is best for you.

***Is the Procedure Permanent?**

All options for laser hair removal offer a varying degree of permanence, from permanent hair reduction to more of a "laser waxing," or temporary hair removal.

***How Many Treatments Do I Need?**

Hair grows in a cycle that spans 6 to 12 weeks. This is the amount of time that it takes hair to grow from the base of the follicle to the surface of the skin. Because hair does grow in these cycles, only a portion of your hair is being treated in the proper state with each laser treatment. Initially, it is recommended that you undergo a series of five to eight treatments at four to eight week intervals to treat all the hair. These treatments will be followed up by a period of evaluation to determine how much hair will regrow and how fast the hair will return. This can be followed up with periodic "touch-up" visits.

***Are There Any Risks?**

Laser hair removal has the benefit of being quick, safe and effective. It is unusual to develop any complications from this treatment. The doctor will be happy to discuss with you any risks involved in laser surgery.

***How Do I Get Started?**

Dr. Goldberg and his staff will be happy to discuss your hair removal options. Please feel free to call for a private consultation.

David J. Goldberg, M.D. (<http://www.skinandlasers.com/>) is on faculty and Director of both MOHS Surgery, and Laser Research, Mt. Sinai Medical Center in New York; and Director of Skin Laser & Surgery Specialists of New York & New Jersey. He is past President of the American Society for Laser Medicine & Surgery. Dr. Goldberg was voted "one of the top ten laser surgeons in the U.S." by Self Magazine and "one of the best doctors in America" by Woodward/White, Inc.