

Tell me more about the Xtrac excimer laser for the treatment of Vitiligo, Scars, and Psoriasis.

What Is the Xtrac excimer laser?

The Xtrac excimer laser represents one of the newest great advances in laser dermatology. This laser emits narrow band ultraviolet B light and has been shown to promote re-pigmentation in those who have lost pigment in their skin. The laser has also been shown to improve chronic stable plaque psoriasis.

What is Vitiligo and how is it treated?

Vitiligo is a process where the human body inhibits the pigment producing process of the skin's pigment cells. A series of excimer laser treatment can often lead to dramatic re-pigmentation of the skin. Pigment can also be lost in the skin after a variety of surgical procedures and traumatic accidents. Examples include the white scars after facelifts and aggressive facial laser procedures such as carbon dioxide laser resurfacing. A variety of burns and other traumatic accidents may also lead to hypopigmented scars. We are currently researching the role of this laser in the treatment for chronic stretch marks that have lost their pigment. Treatment is undertaken in a series of laser sessions. Improvement is the general rule. Occasional touch-up booster sessions may be required. Treatment is absolutely painless.

Can my psoriasis be treated?

Psoriasis is a scaly skin eruption that often has a genetic basis. There are many different versions of psoriasis. Chronic, previously treatment resistant, plaque psoriasis may respond to a series of excimer laser treatments. Treatment may be faster than most currently available treatments. Treatment is undertaken in a series of laser sessions. Improvement is the general rule. Occasional touch-up booster sessions may be required. Treatment is absolutely painless.

How Do I Get Started?

Dr. Goldberg and his staff will be happy to discuss this procedure with you. Please feel free to call for a private consultation.