

Cosmetic Wrinkle Fillers: What Do They Do?

Q- What are injectable fillers?

A- Injectable fillers are substances which can be injected into areas of the face and hands in order to restore a smoother, more youthful appearance. Injectable fillers can be used to treat sunken facial areas, creases, lines, wrinkles, and even to enhance the lips and aging hands.

Q- How do I know if I'm a good candidate for an injectable filler procedure?

A- If you are physically healthy, realistic in your expectations and seeking improvement in your facial contour, lips, and/or aging skin of the hands, you may be a good candidate for an injectable filler procedure.

Q-What will happen during a consultation for injectable fillers?

A- A thorough evaluation will be performed prior to the procedure to review your past medical history, overall general health, current use of medications and allergies. Since every person has his or her own personal goal for treatment, the medical evaluation will also help determine the appropriateness of filler agent treatment. The evaluation will deal with your specific problem and establish realistic outcome expectations. A variety of fillers may be optimal for you.

Q-What types of fillers are out on the market today?

A- Each filler is different. The main types of fillers are Human collagen (Cosmoderm, Cosmoplast), Hyaluronic acid (Juvederm and Restylane), Calcium Hydroxylapatite (Radiesse), Poly L-lactic acid (Sculptra), and Bovine collagen (Aretafil) .

Q- How long do fillers normally last?

A- Each person is different and filler longevity often depends on the chosen injectable filler. Injectable fillers can last as short as 2 months to as long as over 5 years or more. Choosing the correct injectable filler is based on your goals and expectations in combination with your physician's recommendations.

Q- Dr. Goldberg, I have always had small lips, I want to have them "plumped" up a little but I don't want them to look fake or duck-like! What would you recommend?

A- During your consultation we would discuss which fillers would be appropriate for you. Our goal is always to make our patients look as natural as possible.

Q- What should I expect of the recovery after my injectable filler procedure?

A- Recovery after most injectable fillers is minimal, though some bruising, swelling and redness may occur depending on the particular filler. Side effects most commonly clear up in a few days.

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*** Dr. Goldberg on the Road:**

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4/3/2008 American Society for Lasers in Medicine and Surgery, Orlando, FL – Active FX Laser Resurfacing

4/5/2008 American Society for Lasers in Medicine and Surgery, Orlando, FL – SmartLipo Laser Liposuction of the Upper Arms

4/28/2008 International MediSpa Meeting, NY, NY – Legal Issues of the MediSpa

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