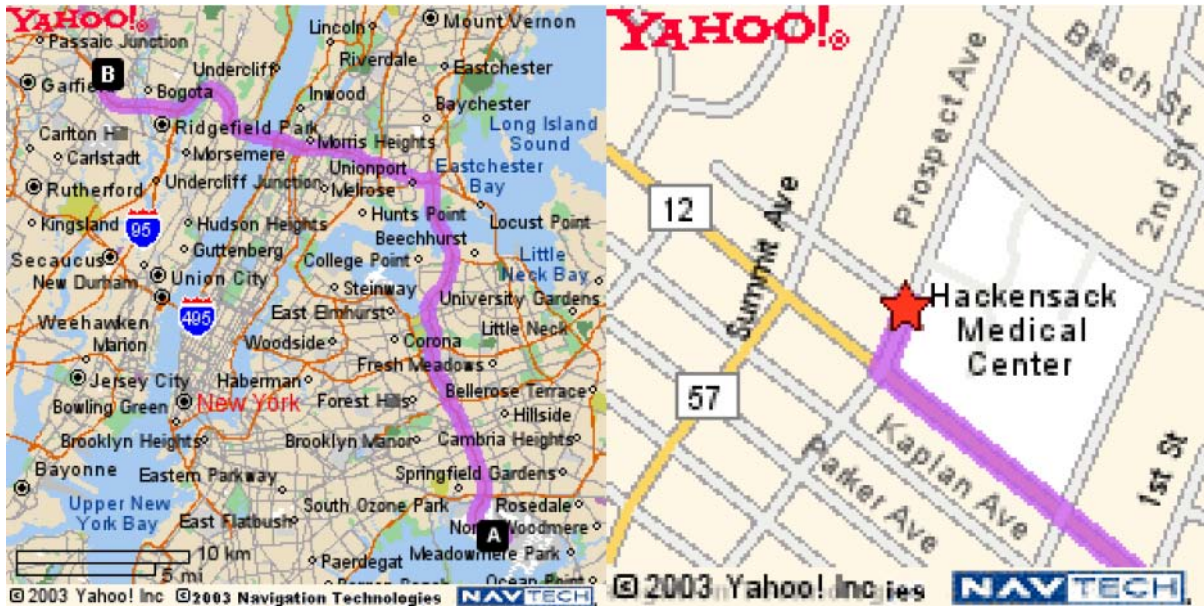




**John F. Kennedy International Airport**  
 to  
**Hackensack Medical Plaza**  
 20 Prospect Ave., Suite 702, Hackensack, NJ 07601  
 (201) 441-9890



1.	Start going toward the <b>AIRPORT EXIT</b> on <b>I-678 NORTH</b> - go <b>13.8</b> mi
2.	Take the <b>I-95</b> exit toward <b>TRIBORO BR/GEO WASHINGTON BR</b> - go <b>10.6</b> mi
3.	Take exit <b>#69</b> onto <b>I-80 WEST</b> toward <b>GARDEN STATE PARKWAY/HACKENSACK</b> - go <b>3.1</b> mi
4.	Take exit <b>#64B</b> toward <b>NEWARK/HASBROUCK HTS</b> - go <b>0.1</b> mi
5.	Turn <b>RIGHT</b> on <b>POLIFLY RD</b> - go <b>0.5</b> mi
6.	Turn <b>LEFT</b> on <b>ESSEX ST</b> - go <b>0.3</b> mi
7.	Turn <b>RIGHT</b> on <b>PROSPECT AVE</b> - go <b>0.1</b> mi
8.	Arrive at <b>20 PROSPECT AVE, HACKENSACK</b>