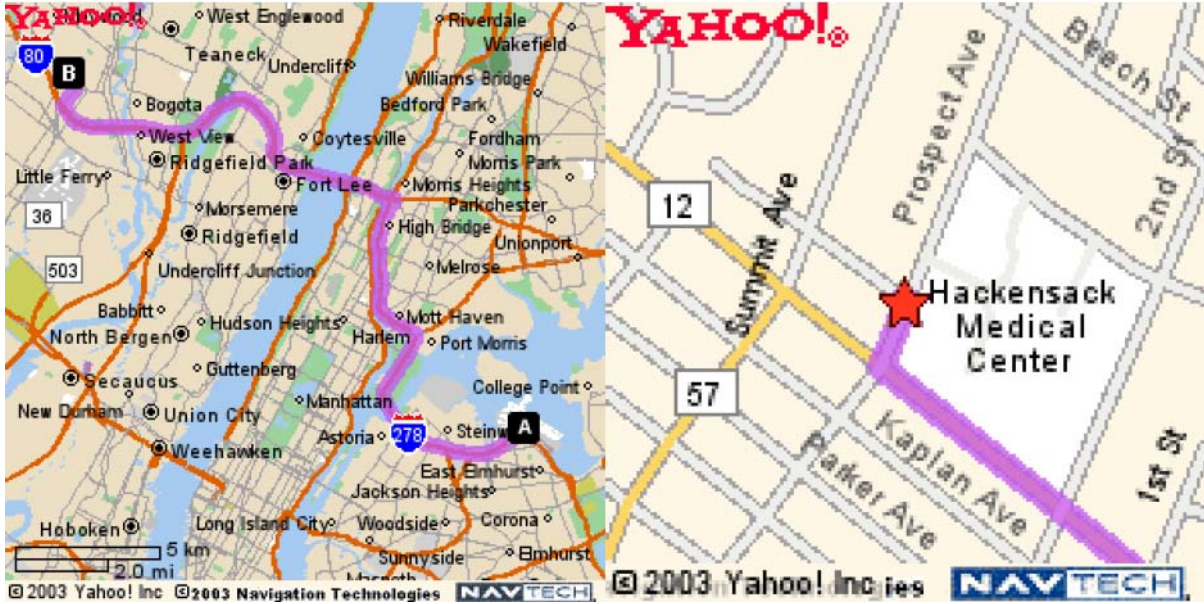




LAGUARDIA AIRPORT
TO
Hackensack Medical Plaza
20 Prospect Ave., Suite 702, Hackensack, NJ 07601
(201) 441-9890



1.	Start going toward the AIRPORT EXIT - go 0.2 mi
2.	Continue on LA GUARDIA RD - go 0.1 mi
3.	Bear RIGHT onto GRAND CENTRAL PKWY WEST - go 2.1 mi
4.	Merge onto I-278 EAST - go 3.2 mi
5.	Take LEFT exit #47 onto I-87 NORTH toward ALBANY - go 3.1 mi
6.	Take exit #7 onto I-95 SOUTH toward GEO WASHINGTON BR - go 5.8 mi
7.	Take exit #69 onto I-80 WEST toward GARDEN STATE PARKWAY/HACKENSACK - go 3.1 mi
8.	Take exit #64B toward NEWARK/HASBROUCK HTS - go 0.1 mi
9.	Turn on POLIFLY RD - go 0.6 mi
10.	Turn on ESSEX ST - go 0.3 mi
11.	Turn on PROSPECT AVE - go 0.1 mi
12.	Arrive at 20 PROSPECT AVE, HACKENSACK